

Tips for Caregivers From Caregivers

Been there, done that...

| Services | Independent | Assisted | Home |
|-----------------------------|------------------|-------------------------------------|---|
| Housekeeping | Included | Included | |
| Laundry | Check Community | Included | |
| Home Maintenance | Included | Included | |
| Landscaping/Yard | Included | Included | |
| Groceries/Meals | Check Community | Included | |
| Scheduled Transportation | Usually Included | Usually Included | |
| Activities/Outings | Included | Included | |
| Fitness Center | Included | Included | |
| Entertainment | Included | Included | |
| 24/7 Concierge | Included | Included | |
| 24/7 Caregivers | | Included | |
| Maintenance | Included | Included | |
| Emergency Call | Check Community | Included | |
| Additional Costs | | | |
| Health Insurance | | | |
| Med Management | Not included | Usually a charge | |
| Care Costs | Not Included | Check Community for Care Charges | At home care average \$30-\$40 an hour |
| | | | |
| Total Monthly Costs | | | |

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Senior Living Costs

*each community is different - always confirm

| Monthly Expenses | Independent | Assisted Living | At Home |
|-------------------------|-----------------|-----------------|---------|
| Mortgage/Rent | | | |
| Casualty Home Insurance | Included | Included | |
| Property Taxed | Included | Included | |
| Property Insurance | Included | Included | |
| Car Insurance | | | |
| Car Maintenance/Gas | | | |
| Carport/Garage | Check Community | Check Community | |
| Water/Sewer | Included | Included | |
| Trash | Included | Included | |
| Gas | Included | Included | |
| Electricity | Included | Included | |
| HOA Dues | N/A | N/A | |
| Basic Cable | Included | Included | |
| Landline Telephone | Check Community | Check Community | |
| Cell Phone | | | |
| Internet Service | Included | Included | |

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