# Signs that it may be time for Senior Living



**MEMORY** 

Short or long-term memory



## **MEDICATION**

Forgetting or refusing medications. No medication structure.



#### **MEAL PREPARATION**

Unable to shop, cook, or operate appliances. Frail, losing weight, and Lacking nutrition.



#### **SAFETY**

Fall risk. Unsteady gait. No safety precautions exist in their current situation.



#### PERSONAL HYGIENE

Unable or unwilling to bathe, groom, and dress



#### **TRANSPORTATION**

Unable to drive and has no alternative means of transportation



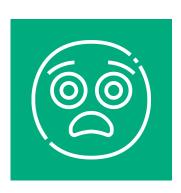
#### **SOCIALIZATION**

Isolated with little to no social interaction or stimulation



# HOME MANAGEMENT

Unable to manage finances or bills. Difficulty in performing house or yard maintenance.



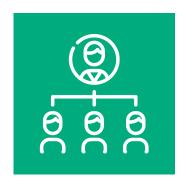
**FEAR** 

Afraid to be alone



### JUDGMENT

Impaired ability to make sound judgments



### **SUPERVISION**

Needs increased supervision



# TEMPORARY RESPITE CARE

In need of short-term placement to allow respire care for caregivers

# MKR Senior Health Strategist

Free Service for Families to Find Senior Living Options (855) 765-7111 | MKR@SeniorHealthStrategist.com